LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 02/11, 23/11, 14/12, 18/01, 8/02, 8/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Roasted Vegetable arrabiata spaghetti in rich tomato sauce, served with seasonal vegetables & soda bread	Mexican style beef & bean tacos, served with vegetable rice and selection of sides	Lunchtime BBQ brunch Chicken sausages, hash browns & coleslaw and corn on the cob	Roast chicken served with potatoes, carrots, broccoli & gravy	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans
MEAT FREE	Mac & cheese with cheesy vegetable sauce, herb crust, homemade soda bread and seasonal vegetables	Cheese & tomato pinwheels served with vegetable rice & seasonal vegetables	Lunchtime BBQ brunch Quorn sausages, hash browns & coleslaw and corn on the cob	Cauliflower cheese & leek turnover served with potatoes, carrots, broccoli & gravy	Vegan sausage roll served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Pasta with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Pasta with cheddar cheese Sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	apple & pear crumble with warm vanilla custard natural yogurt & coulis fresh fruit pot	Natural yogurt with healthy toppings Fruit jelly Or Fresh fruit pot	chocolate & cherry gateau natural yogurt & coulis fresh fruit pot	cinnamon shortbread with fruit slice fruity jelly fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 09/11, 30/11, 4/01, 25/01, 22/02, 15/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margaritta pizza served with baked rainbow wedges, seasonal vegetables	Marinated jerk chicken thigh served with jollof rice, peas & carrots	Italian style bolognese served with pasta, focaccia & mixed vegetables	Chicken sausage served with potatoes, Yorkshire pudding, carrots, broccoli & gravy	Breaded fish fillet served with chips, garden peas or baked beans
MEAT FREE	Rainbow pizza served with baked rainbow wedges, seasonal vegetables	Vegetable & black bean jerk stew, jollof rice served with peas & carrots	Italian vegetable bolognese in a rich tomato sauce served with pasta, focaccia & mixed vegetables	Quorn sausage served with potatoes, yorkshire pudding, carrots, broccoli & gravy	Vegetable nuggets served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Pasta with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Pasta with cheddar cheese Sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	orange syrup & semolina sponge natural yogurt & coulis Or fresh fruit pot	Natural yogurt with healthy toppings Fruit jelly Or Fresh fruit pot	pumpkin spice iced sponge natural yogurt & coulis Or fresh fruit pot	secret garden muffins (chocolate & courgette) fruity jelly Or fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 16/11, 7/12, 11/01, 01/02, 01/03, 22/03

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tex mex vegan mince & cheese burrito served with mixed vegetables or fresh salad	Chicken teriyaki sub served with jacket baked wedges, carrot & cucumber sticks	Beef lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Lemon & herb roast chicken served with potatoes, carrots, broccoli & gravy	Fish fingers served with chips, garden peas or baked beans
MEAT FREE	Tomato & vegetable lentil pasta bake served with Wholemeal Bread and seasonal vegetables	Teriyaki vegan meatball sub served with jacket baked wedges, carrot & cucumber sticks	Vegetable lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Leek wellington served with potatoes, carrots, broccoli & gravy	Fishless fish fingers served with chips, garden peas or baked beans
PASTA & JACKETS	Jacket potato with choice of toppings served with fresh salad	Pasta with homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad	Pasta with cheddar cheese Sauce served with fresh salad	Jacket potato with choice of toppings served with fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	syrup sponge with warm vanilla custard natural yogurt & coulis fresh fruit pot	Natural yogurt with healthy toppings Fruit jelly Or Fresh fruit pot	vanilla ice-cream & fruit sauce natural yogurt & coulis fresh fruit pot	Chocolate Orange crunch fruity jelly fresh fruit pot

Making lunchtime the highlight of your day