LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03

FERRY LANE PRIMARY SCHOOL

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade macaroni cheese served with Homemade tomato bread & roasted Mediterranean vegetables	Homemade beef chilli taco served with savoury vegetable Rice	Minty crispy topped Shepherd's Pie served with Seasonal vegetable	Roast Chicken served with Potatoes, Yorkshire pudding, carrots, cauliflower And gravy	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Cauliflower & chickpea korma served with rice, naan bread fingers & seasonal vegetables	Homemade bean chilli taco served with savoury vegetable Rice	Minty crispy topped Shepherdess's Pie served with Seasonal vegetable	Cheese & potato Pie served with Yorkshire pudding, carrots, cauliflower And gravy	Vegetable nuggets served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	Jam & Coconut Sponge Fruit yogurt & coulis Fresh fruit pot	Fruity jelly Or Fresh fruit pot	Caramel mousse with Bananas Fruit yogurt & coulis Fresh fruit pot	Vanilla ice cream with fruit sauce Fruity jelly Fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03

FERRY LANE PRIMARY SCHOOL

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn	Greek Style chicken shawarma in a pitta bread served with warm cous cous	Sticky Asian meatballs served with egg fried vegetable Rice	Roast turkey served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy	Breaded fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Traffic Light wholemeal pizza served with baked potato wedges, peas & sweetcorn	Greek style vegetable Shawarma in a pitta bread served with warm cous cous	Sticky Asian vegetarian meatballs served with egg fried vegetable Rice	Baked lentil Road served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy	Cheese, onion & mixed Pepper roll served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	Jam roly poly Fruit yogurt & coulis Fresh fruit pot	Fruity jelly Or Fresh fruit pot	Lemon Cake Fruit yogurt & coulis Fresh fruit pot	Chocolate Brownie Fruity jelly Fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03

FERRY LANE PRIMARY SCHOOL

HALAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato Swirl served with savoury vegetable Rice	Jerk marinated chicken thigh served with rice & beans	Beef Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Chicken Sausage roast served with mashed Potatoes, carrots, cabbage, Yorkshire pudding and gravy	Breaded Fish fillet served with chips, garden peas or Baked beans & ketchup
MEAT FREE	Chinese stir fry vegetables served with Noodles	Jerk sweet potato & black bean served with Rice & Bean Stew	Plant Based Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Quorn Sausage roast served with mashed potatoes, carrots, cabbage, Yorkshire pudding and Gravy	Fishless fish fingers served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Natural yogurt with healthy toppings Or Fresh fruit pot	Syrup Sponge Fruit yogurt & coulis Fresh fruit pot	Fruity jelly Or Fresh fruit pot	Carrot Cake Fruit yogurt & coulis Fresh fruit pot	Victoria Sponge Fruity jelly Fresh fruit pot

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